

ROCKCLIFFE ENTERTAINMENT

THE CARE HOME COLLECTION



ROCKCLIFFE
— ENTERTAINMENT —

Rockcliffe Entertainment: The heart of every great event.

WHO WE ARE: OUR MISSION & VISION



Rockcliffe Entertainment was founded on a simple belief: age should never mean feeling bored or isolated. With years of experience in the care home industry, our founder Nathan recognised a critical gap in external entertainment and physical engagement for residents.

We provide high-quality, professional entertainment and wellbeing services tailored specifically for those in care.

Our mission is to relieve pressure on care staff while ensuring every resident receives the mental stimulation, physical activity, and emotional connection they deserve.

Our commitment to excellence & Safety.

At Rockcliffe Entertainment, we understand that we are partners in the residents care. Professionalism and peace of mind, are the cornerstones of our service. We pride ourselves on maintaining the highest standards of safeguarding and accountability, allowing you to focus on clinical care while we focus on bringing joy and connection into the home.



Fully insured: For the protection of your residents and your facility, we are fully insured.

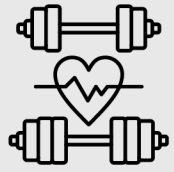


Enhanced DBS: All staff are background checked for working within these sectors.



Our entire team is fully trained in industry standard engagement techniques and person-centred care.

WHAT DO WE OFFER?



STRENGTH & CONDITIONING

We focus on maintaining mobility, preventing falls and improving cardiovascular health through inclusive, low impact exercise.

PHYSIO SESSIONS:

Targeted movement to help residents stay physically capable and fit through their growing ages.

Duration: 60 minutes + option for more time.

one-to-one session.

Our signature physio-led sessions are designed for longevity and impact. We provide a minimum of one hour of dedicated movement, allowing ample time for a safe warm-up, targeted mobility exercises and individual adjustments to ensure the resident stays physically capable and fit.

BOXFIT:

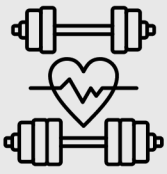
A safe, high energy way to bring movement and fun of boxing into the care home environment.

Duration: 60 minutes + option for more time.

One-to-one or Group session.

Our Boxfit sessions offer a dynamic and safe way to incorporate cardiovascular and muscle health for the residents. Whether delivered as an engaging group activity or a focused one-to-one session, we dedicate an hour or more to every booking. This ensures a safe pace, proper technique, and a high energy atmosphere that boosts both heart health and morale.





STRENGTH & CONDITIONING



CHAIR YOGA:

Improves physical flexibility and mental clarity through seated, accessible poses.

Duration: 60 minutes + option for more time.

One-to-one or group session.

Our chair yoga sessions bring the holistic environment of traditional yoga into a safe, seated environment. We focus on improving core stability, joint flexibility and circulation through mindful movement. By dedicating a full hour or more, we allow residents to progress through breathing exercises and seated poses at a comfortable pace, helping to reduce physical stiffness and promote a sense of inner calm.

MOVEMENT TO MUSIC:

Inclusive dance sessions that use uplifting rhythms to encourage natural physical activity.

Duration 60 minutes + option for more time.

Group session.

Our movement to music sessions are in inclusive group experience that have low-impact aerobic exercise with familiar Melodies to create an atmosphere of vibrant energy. We focus on enhancing coordination and cardiovascular health through guided, rhythmic movements that are safe for all ability levels. By dedicating a full hour or more, we ensure a gentle warm up and a high spirit finish, providing a fun and inclusive way for residents to maintain mobility whilst having a social connection.

One-to-one session engagement provides a dedicated space for individualised physical care, ensuring that every movement is performed with correct form and optimal support. This approach allows us to adapt to a resident's specific needs, promoting long term wellbeing.





COGNITIVE & MENTAL WELLBEING



We focus on stimulating mental agility and fostering deep emotional connection. By combining active memory challenges with meaningful reflection.

MUSICAL THERAPY:

A vibrant, rhythm based experience designed to enhance emotional well-being and foster social connection.

Duration: 60 minutes + option for more time.

One-to-one or Group session.

Our musical therapy uses the power of rhythm and song to create a joyful, interactive environment. We focus on boosting mood and cognitive engagement through singing and dancing activities. By dedicating a full hour or more, we allow residents to fully immerse themselves in the music, helping to reduce anxiety, spark nostalgic memories, and encourage a sense of community and shared celebration.

PUZZLE CHALLENGES:

A mentally stimulating experience designed to entertain, challenge, and keep the mind sharp.

Duration: 60 minutes + option for more time.

One-to-one or group session.

Our puzzle challenges offer a curated selection of mental exercises that focus on problem solving and cognitive endurance. We use a variety of engaging formats to stimulate different areas of the brain, helping to improve concentration. By Dedicating a full hour or more, we provide a calm yet focused environment where residents can work at their own pace, fostering a sense of achievement and mental clarity through every solved piece.





REMINISCENCE:

A meaningful journey through personal history designed to celebrate a residents life legacy and emotional identity.

Duration: 60 minutes + option for more time.

One-to-one or group session.

Our reminiscence sessions provide a compassionate space for residents to reconnect with their most cherished memories and greatest achievements. We use sensory triggers including nostalgic music and guided storytelling to spark conversation and reduce feelings of isolation. By dedicating a full hour or more, we ensure every resident has the time and support to express themselves, helping to boost self esteem and develop deep connections.

LEGO THERAPY:

A creative and tactile experience designed to stimulate the imagination while improving focus and fine motor skills.

Duration: 60 minutes + option for more time.

One-to-one or group session.

Our Lego therapy sessions offer a unique blend of creativity and cognitive challenge. We encourage residents to 'let their imaginations run wild' while working on specific builds that require concentration, spatial awareness, and mental dexterity. By dedicating a full hour or more, we provide a structured yet relaxing environment where residents can experience and immerse satisfaction of creating something tangible, fostering a sense of pride and mental wellbeing.





ARTS & CRAFTS:

A creative and expressive experience designated to improve fine motor skills, and encourage personal storytelling.

Duration: 60 minutes + option for more time.

One-to-one or group session.

Our arts and crafts sessions provide a vibrant outlet for residents to explore their creativity in a supportive, failure-free environment. We focus on tactile engagement through a variety of activities. By dedicating a full hour or more, we ensure a relaxed and unhurried pace that allows residents to fully immerse themselves in their projects, helping to reduce stress and promote a deep sense of accomplishment. This creative space not only stimulates the imagination but also serves as a catalyst for social connection and the sharing of their experiences.

TIC TAC TOE:

A classic game of strategy and focus, adapted to promote cognitive agility, pattern recognition, and light hearted social competition.

Duration 60 minutes + option for more time.

One-to-one or group session.

Our Tic Tac Toe sessions take a timeless favourite and transform it into an engaging cognitive workout. Using large scale, tactile pieces that are easy to handle, we encourage residents to think ahead and engage their problem solving skills. By dedicating a full hour or more, we create a relaxed environment where residents can play multiple rounds at their own pace.





COGNITIVE & MENTAL WELLBEING



INTERACTIVE QUIZ EVENTS:

A mentally stimulating and competitive experience designed to sharpen memory and encourage social engagement.

Duration: 90 minutes + option for more time.

Group session.

Our quiz events provide a fun yet challenging environment for residents to test their general knowledge and recall. We curate a wide variety of topics, from history and music, to local trivia ensuring there is something for everyone to enjoy. By dedicating a 90 minutes or more, this creates a healthy sense of teamwork, providing a rewarding mental workout that boosts confidence and social interaction.



IMMERSIVE EXPERIENCES

CINEMA EXPERIENCE:

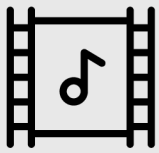
An authentic, big screen atmosphere designed to provide total immersion and sensory engagement.

Duration: 120 minutes + option for more time.

Group session.

Our cinema experiences bring the magic of the silver screen directly into the care home, recreating the nostalgia and excitement of a day at the movies. We focus on sensory engagement through high quality visuals, familiar soundtracks, and traditional treats like popcorn and tickets. By dedicating 2 hours or more, we create a relaxing, theatre like environment that reduces stress and stimulates conversation.





IMMERSIVE EXPERIENCES



FANCY A TRIP:

An immersive armchair travel experience designed to transport the mind to iconic destinations around the globe.

Duration: 60 minutes + option for more time.

One-to-one or group session.

Our “fancy a trip” sessions offer a unique blend of visual discovery and cultural exploration, providing a vibrant escape from the everyday environment. We use sensory storytelling and nostalgic imagery to “visit” world famous landmarks, sparking curiosity and conversation. By dedicating a full hour or more, we create a deep sense of adventure that helps reduce feelings of confinement, allowing residents to share their own travel stories and reconnect with the wider world.



ACTIVE SOCIAL SPORTS

BOWLING:

A classic high energy social sport designed to improve coordination, upper body strength, and group morale.

Duration: 60 minutes + option for more time.

Group session.

Our bowling sessions bring a sense of friendly competition to the home. We use adaptive equipment to ensure that the game is accessible to all residents, regardless of mobility or whether they are seated or standing. By dedicating a full hour or more, we provide a structured social event that focuses on hand-eye coordination and gentle physical activity, fostering a lively atmosphere where every success is celebrated by the whole team.





ACTIVE SOCIAL SPORTS



BASKETBALL:

A dynamic and engaging activity designed to promote hand-eye coordination, cardiovascular health, and team spirit.

Duration: 60 minutes + option for more time.

Group session.

Our basketball sessions offer a fun, high energy way for residents to stay active while engaging in light physical exercise. Using height adjustable hoops and soft touch equipment, we ensure the game is accessible to everyone, whether seated or standing. By dedicating a full hour or more, we encourage social bonding through team based play, helping to improve upper body mobility and spatial awareness in a supportive environment filled with laughter and healthy competition.

SPORTS EVENT:

An uplifting, large scale event designed to celebrate physical achievement, team spirit, and collective joy.

Duration: 90 minutes + option for more time.

Our community sports days are the 'grand finale' of our active social calendar, bringing the whole home together for an extended session of inclusive competition and fun. We transform your communal space into a vibrant area featuring a variety of classic sports day games, egg & spoon, beanbag toss. By dedicating a full 90 minutes or more, we ensure a relaxed yet high energy pace that allows every resident to participate at their own speed. This event is designed to boost morale, foster a deep sense of belonging, and create lasting memories where every participant is celebrated as a champion.





SIGNATURE EVENTS & SOCIALS



Our signature and social events are the heartbeat of the home, designed to celebrate community and create lasting memories. We transform routine days into high energy social occasions that foster a deep sense of belonging and joy for every resident.

BINGO:

A classic, high spirited social tradition designed to encourage focus, listening skills and communal joy.

Duration: 60 minutes + option for more time.

Group session.

Our bingo events bring a ““main stage” energy to every game. We focus on clear, engaging calling and inclusive pacing to ensure all residents can follow along and enjoy the thrill of the win. By dedicating a full hour or more, we create a vibrant social hub that fosters healthy competition and sharpens cognitive focus, providing a much loved ritual that brings the whole home together for laughter and excitement.

LIVE MUSIC:

A professional vocal performance designed to transform the atmosphere of the home through power of song.

Duration: 60 minutes + option for more time.

Group session.

Interactive live performance featuring a vocalist who brings the magic of a live stage directly to the residents. We curate a nostalgic repertoire of timeless classics, tailored to the unique tastes and memories of the audience. By dedicating a full hour or more, we create a vibrant, shared musical journey that encourages singing, dancing and emotional experience, proven to reduce anxiety and uplift the spirit of residents.





SIGNATURE EVENTS & SOCIALS



PHOTO STUDIO:

A high end, interactive photography experience designed to capture joy and celebrate resident identity.

Duration: 60 minutes + option for more time.

Group session.

Our signature photo studio brings a touch of red carpet glamour to the home. Featuring our professional Photo Booth and a curated selection of elegant and fun props, we create a lively atmosphere where residents can express their personalities and share a laugh. This session is more than just a photo opportunity, it's a boost to self esteem and a wonderful way to create physical memories for families and staff to treasure.

CASINO EXPERIENCE:

A sophisticated, high stakes atmosphere of glamour and fun, designed to sharpen mental focus and social engagement.

Duration: 60 minutes + option for more time.

Group session.

Interactive home wide celebration. We bring the excitement of the casino floor to your home, featuring classic games of skill and chance hosted with a professional flair. By using play-currency and authentic-style equipment, we provide a safe, thrilling environment that encourages strategic thinking and lively social interaction. It's a night of glitz and gold that boosts morale and gives residents a truly memorable “evening out” without leaving the comfort of the home.





SIGNATURE EVENTS & SOCIALS



GAME SHOWS:

A high energy, nostalgic journey through television's greatest hits, designed to spark memory and mental agility.

Duration: 60 minutes + option for more time.

Group session.

Our game show brings the thrill of the studio floor directly to your residents. We recreate the excitement of classic TV favourites like Catchphrase and Family Fortunes, using nostalgic visuals and sound to trigger 'lightbulb' Moments. This session is a powerhouse for cognitive engagement, encouraging quick thinking and team work in a laughing environment that celebrates the games everyone knows and loves.

THE SIGNATURE DISCO:

A vibrant, high energy celebration of music and movement, designed to uplift spirits and encourage physical expression.

Duration: 90 minutes + option for more time.

Group session.

Our signature discos transform the communal space into a dazzling ballroom of light and sound. Featuring a curated playlist of timeless hits- from the Big Band era to the Motown classics- We Create a joyous, inclusive atmosphere where every resident can dance at their own pace. Using professional lighting and a rhythmic focus, we provide a powerful sensory experience that reduces social isolation, boosts cardiovascular health, and fills the home with energy and smiles.





SIGNATURE EVENTS & SOCIALS



AFTERNOON TEA:

A refined and elegant social tradition designed to foster connection, dignity, and a sense of occasion.

Duration: 60 minutes + option for more time.

Group session.

Our signature Afternoon Tea brings the luxury of comfort into the home. We focus on fine details, nostalgic music, beautiful table settings, and a relaxed social atmosphere to create a meaningful ritual for the residents. This session is designed to encourage gentle conversation and social bonding, providing a dignified space for residents to relax and enjoy the 'finer things' in life, making it the perfect choice for a weekly treat.

THEMED BIRTHDAY CELEBRATION:

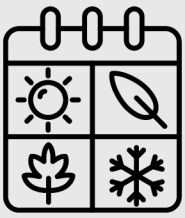
A bespoke event designed to honour the individual and create a prestigious milestone celebration.

Duration: 120 minutes + option for more time.

Group session.

We believe every milestone deserves to be marked with elegance and joy. Our signature Birthday celebrations go beyond a standard party, we curate a fully themed experience tailored to residents personality, and history. From personalised playlists and nostalgic segments. We handle the energy and atmosphere. It's a day of delight that makes the resident feel like the guest of honour, providing a heartwarming experience for families and a standout event for the home.





SEASONAL WEEKS



A week-long immersion of themed daily activities, transforming the homes atmosphere. Our seasonal weeks are specially designed, themed activity programmes delivered over the course of one full week. By following a structured yet flexible schedule, we provide residents with variety, anticipation, and a sense of routine while celebrating the changing year.

WHAT'S INCLUDED?

Each takeover includes thoughtfully planned sessions, ensuring a great approach to wellbeing:

- Cognitive: Activities that engage memory, thought, and problem solving.
- Sensory: Stimulating the senses through varying immersive activities.
- Physical: Gentle movement to maintain flexibility, coordination, and energy.
- Creative: Activities that allow self expression and creativity without pressure.
- Social- Encouraging conversation and connection through shared experiences.

The Finale: Every week concludes with a signature themed party, bringing residents together to reflect on the week and enjoy a fun, social finale that reinforces community spirit.

We transform the daily schedule into a themed journey, offering a different activity each day, from cognitive challenges to sensory music, all tied to the spirit of the season. It is the ultimate way to maintain consistent high level engagement and morale.

Examples: The Winter Wonderland Takeover, The Tropical Summer Fest.





THE GRAND EVENTS



Exclusive, high-impact events designed for the calendar's biggest milestones. This is where tradition meets spectacular entertainment. Our grand events are prestigious, single day events designed to celebrate the most iconic dates of the year. We condense our most premium services into one high-energy 'main event' that becomes the highlight of the year for residents, staff and families.

WHAT WE OFFER:

We bring the atmosphere, the equipment, and the energy. Each Grand event is a bespoke production featuring:

- Signature live performance: A professional vocal show tailored to the theme, featuring nostalgic hits, and high energy showstoppers.
- The signature photo studio: A full set up with our photo booth, and themed props to capture the memories of the day.
- Themed social games: High interaction segments inspired by our 'golden game shows', customised for the specific holiday or milestone.
- A grand finale: A coordinated social climax- whether it's a Christmas sing along, or a New Years celebration.

BENEFITS:

- Boosts home reputation: These large scale events are perfect for "open day" opportunities, showcasing your commitment to high quality resident life to families and inspectors.
- Emotional resilience: High-impact celebrations provide a significant 'mood lift' that can reduce anxiety and combat seasonal blues within the residency of the home.
- Legacy building: We provide tangible memories that residents and families can treasure forever.
- Total inclusion: While the energy is high, the events are structured to ensure that every resident, regardless of mobility or cognitive level, feel included and important.





CARE FOCUSED PACKAGES



Our professional care industry focused packages are designed to complement your existing care provision. We provide a consistent, calming presence that focuses on the emotional and social needs of your residents, allowing your team to focus on essential care.

ONE-TO-ONE LISTENING SESSION:

These are a private, compassionate conversation designed to provide residents or staff with a safe space to be heard. These can be done inside the home or within a safe environment away from the home.

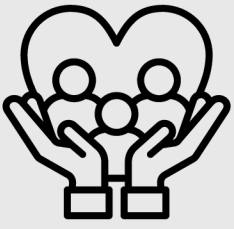
DAILY LOUNGE ASSISTANCE:

We provide a compassionate, consistent presence in your communal areas. By providing continuous social, and emotional engagement. By facilitating therapeutic arts and crafts and having music on in the background, we maintain a vibrant yet calm atmosphere. These activities are designed to spark creativity and joy, helping to reduce resident agitation and easing the daily workload of the staff. We assist in the smooth transition between activities and mealtimes. Our team helps with table settings and ensures the lounge remains tidy and inviting.

-Positive engagement strategies: Specialised techniques to ensure every resident - regardless of cognition- feels valued, included, and recognised throughout the day.

-Relaxation & Mindfulness: Within the group or individual exercises to reduce stress and promote a peaceful atmosphere through gentle focus and melodic backgrounds.





CARE FOCUSED PACKAGES



INDIVIDUAL CONNECTION (ONE-TO-ONE):

Bringing joy and purpose to the private space and individual. At Rockcliffe Entertainment, we believe that care shouldn't be confined to a single room. Our one-to-one care sessions are designed to provide dedicated, person centred companionship that focuses on individual joy and care, whether that's inside the home or out in the community.

COMMUNITY ACCESS:

We provide the support and confidence for residents to maintain their independence and enjoy the simple pleasures of life outside the care setting.

Whether it's a trip to a favourite garden centre, a local park, or a nostalgic walk. We provide safe and engaging company. A simple coffee and cake at a local cafe can be the highlight of the residents week. We handle the logistics, ensuring a relaxed and enjoyable experience. These provide essential sensory enrichment, significantly reducing anxiety by reconnecting residents with the natural world. It also promotes physical vitality through movement while restoring a sense of independence and dignity by maintaining their connection to the local community.

IN-HOME:

This is for residents who prefer the comfort of their own space, we bring the energy to them.

Whether it's a tailored music or reading session, it focuses on the residents life history and passions. With personalised games and puzzles it is designed for the individuals ability level. Sometimes the most valuable service is simply being there, offering a listening ear and conversation in a private, unhurried setting. These sessions are designed to reduce feelings of isolation, cure boredom, and fosters a deep sense of being heard.





THE ROCKCLIFFE ADVANTAGE



Why partner with us?

Beyond entertainment, we are a strategic partnership in care.

CONSISTENCY:

We understand that the biggest challenge for many homes is the “peaks and troughs” of engagement. By partnering with Rockcliffe Entertainment, you ensure a high quality, consistent standard of activity that satisfies both CQC requirements and residents expectations week after week.

WELLBEING:

We don't just “show up”. We provide engagement that counts. Our programmes are designed to hit key care targets:

- Social inclusion (Reducing isolation)
- Cognitive maintenance (Tailored mind friendly stimulation)
- Physical vitality (Promoting mobility)

PROFESSIONALISM & PEACE OF MIND:

We understand that in the care home the biggest priority is safety and reliability. We aren't just “entertainers”, we are a professional service designed to integrate seamlessly into your homes system. Taking pressure off the staff and managers, we handle the safety of your residents throughout all our events.

With our fully insured and enhanced DBS checked professional team. Our team are trained to work within sensitive care environments, respecting privacy, and dignity at all times.

We pride ourselves on punctuality and professional communication. When we are on the schedule, you can consider it handled.





THE ROCKCLIFFE ADVANTAGE



ELEVATING YOUR REPUTATION:

Supporting your team, families and brand.

SUPPORTING YOUR TEAM:

We are here to enhance your existing team, not replace them. We provide “high impact” events that allow your internal staff to focus on care, daily administration, preventing staff burnout and keeping the homes energy high.

A SELLING POINT:

When prospective families tour your home, the “activity calendar” is often the deciding factor. Our signature events and seasonal takeovers give you a ‘premium gallery’ of events to show on your social media and website, proving that life at your care home is vibrant, dignified, and full of joy.

SET YOU APART FROM THE REST:

In an increasingly competitive market, the quality of life you provide sets you apart. We help you move forward to extraordinary living without the pressure on your staff.

We can co-brand event posters for your lounge and social media. Our events we also host are family inclusive, which encourage relatives to visit and engage more often, making them still feel involved.





LET'S WORK TOGETHER

CONTACT & BOOKING INFORMATION



HOW TO START THE JOURNEY WITH US:

We offer a flexible approach to suit every home's budget and resident demographic. Whether you're looking for a one-off grand event, or recurring lounge assistance. Getting started is simple.

Please give us a call or email us, where we will discuss your home's specific needs and goals further and what we can offer for you.

CONTACT US TODAY:



07774 936023



management@rockcliffeentertainment.com

Book a complimentary consultation today to see how we can transform the atmosphere of your home.



Fully insured: For the protection of your residents and your facility.



Enhanced DBS: All staff are background checked for working within these sectors.



Our entire team is fully trained in industry standard engagement techniques and person-centred care.

Scan to start our journey together

